

# ANNUAL REPORT

2023-2024



## URVI VIKRAM CHARITABLE TRUST

A National level Non-Government  
and Non-Profit Organisation (Regd.)

## ORIGIN OF UVCT

Urivi Vikram Charitable Trust (UVCT) is an act of 'sublimation' of a bereaved family over the untimely death of their only son. In December 1990, Dr. Rao and family suffered the tragic death of their only son, URIVI VIKRAM in a road accident. Instead of grieving, the Rao couple, with the support of kith and kin chose to dedicate themselves to the national cause by establishing the 'Urivi Vikram Charitable Trust'. UVCT'S motto has been to find ways and means for transforming India's 'Burden of Population' into an 'Asset of Human Resources'.

Dr. Rao's efforts contributed to the formation of a sub-group by the Planning Commission on 'Adolescents', in which UVCT was gracefully included as a Member. UVCT thus played a pioneering role in obtaining a distinct status for 'Adolescents' in the Indian policy framework. In 2007, UVCT established the first-ever National Centre for Adolescent (UVNAC) in Dwarka, Sector – 22, New Delhi – 110077 and established 14 sub – centres in different parts of India.

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PH: 28052822



**Conference Hall**



**Seminar Room**



**Board Room**



**Group Counseling**



**Ampitheatre**

# URIVI VIKRAM NATIONAL CENTRE FOR ADOLESCENTS

PSP - I, HAF - I, Dwarka, Sector - 22, (Near Sai Baba Temple) New Delhi - 110077



## Founder Chairman's Message



**URVI VIKRAM**  
(18<sup>th</sup> Jan. 1970 -  
13<sup>th</sup> Dec.1990)

A young man with immense enthusiasm, innovative ideas and a broad outlook, Vikram met with a fatal accident when he was about 21 years old.

A strong believer in justice and fairness, Vikram was passionate about creating a society free from corruption and nepotism. He proved that a person is remembered not because of his age but because of his thoughts.

He was extremely compassionate and want to help needy and deprived. He was outspoken to express himself where required.

Vikram was extremely dutiful to his parents and affectionate to his sisters. He was fond of 'Rakhi' festival and valued universal brotherhood.

UVCT's mission is to fulfil Vikram's dreams and ambitions.

*Dear Friends,*

We, at the Urvi Vikram Charitable Trust (UVCT), as you are aware, endeavour to empower adolescents by helping them unlock their potential and thereby, shape a brighter future. Over the years, we've witnessed the transformative power of education, skill development, and mentorship in the lives of young people—especially those who might otherwise have been left behind. Each success story, no matter how small, reaffirms our belief in the power of change and progress.

In the past year, we've had several moments of significance. A notable highlight was the visit of my close associate, Dr. Kiran Bedi, IPS (Retd.), Former Lieutenant Governor of Pondicherry, to the UVNAC. Her presence was both inspiring and motivating for all involved, reaffirming our collective efforts to uplift young people in need. As part of our Pathways program, a number of schools availed our talk-shows and workshops. Our workshops on themes of ethics/values for students and coping up with pressures of teaching and class management for Teachers received special acclaim.

Our **Target Intervention Team** has been successfully working in Wazirpur Industrial area, with HIV/AIDS high-risk groups (HRGs), making tangible progress in improving public health and raising awareness. This year, we faced the difficult decision to wind up our UVCT Childline project at Kalyan railway station, following the changes in government policy, after seven years of impactful work in the community.

One of the most pressing obstacles we continued to face is the limited availability of funds and resources. Despite these financial challenges, we remain deeply committed to our mission. The sustainability of our initiatives depends not only on financial contributions but also on the active engagement of our supporters and partners. I would like to take this moment to express my deepest gratitude to everyone who has supported UVCT—whether through time, expertise, or financial contributions. Your dedication has been crucial in helping us navigate obstacles and keep our programs running.

Looking ahead, we remain hopeful about the future. Our action plan focuses on strengthening our existing programs, launching new initiatives, and expanding our reach. I invite you to continue walking alongside us on this journey. With your help, we can ensure that every adolescent, no matter their background, has the opportunity to thrive and make a lasting impact on the world around them.

With heartfelt gratitude,

**Dr. UNB Rao, Ph.D., IPS Retd.**  
Founder Chairman, Urvi Vikram Charitable Trust



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## General Secretary's Message

*Dear All Well Wishers,*

While we reflect on another year of Urivi Vikram Charitable Trust, I am filled with gratitude for the journey we have undertaken since our establishment in 1991.

I extend my heartfelt appreciation to our Founder Chairman, Dr. UNB Rao, whose unwavering support and guidance has been the driving force behind our mission, inspiring us to overcome challenges.

In August 2023, we had to wind up our Kalyan Childline project due to government policy changes. I would like to thank Childline India Foundation for their collaboration with UVCT. This seven years journey has reinforced our commitment to vulnerable children and highlighted the need for adaptability.

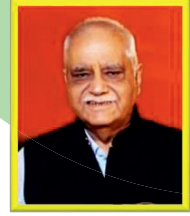
I am also grateful to DSACS for their support of our HIV/AIDS project at the Wazirpur centre, which enables us to continue our impactful work. Additionally, I appreciate the office bearers of our outstation chapters and centres for successfully carrying out their activities.

This year posed significant challenges in resource mobilization, despite our team's persistent efforts. It is crucial that we come together to address this, as the sustainability of our programs depends on the support of our community and partners.

We are particularly thankful to Punjab National Bank, as their rental support has been a reliable source of income for our activities. We assure all our well-wishers and donors that every rupee we receive is meticulously accounted for and used effectively for the public good. A special thank you to our Vice-Chairperson, Mrs. Urivi Chaya, for her diligent oversight of our expenditures and efforts to minimize avoidable costs.

Lastly, I want to express my appreciation to all UVCT members and staff for their dedication and enthusiasm in fulfilling our mission.

As we move forward, we look to your continued support in empowering the younger generation and serving humanity. Thank you for being an essential part of our journey.



(Anil Girotra)

General Secretary UVCT

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# URIVI VIKRAM CHARITABLE TRUST

(A National level Non-Government and Non-Profitable Organisation)

Striving to transform our “Burden of Population” into an  
“Asset of Human Resources”

**Urivi Vikram Charitable Trust (UVCT)** is a national level non-governmental organization, with a focus on social and economic empowerment of adolescents (aged 10 to 19 years) and young adult. The Trust has played a pioneering role in obtaining a distinct status for ‘Adolescents’ in the Indian planning system and programmatic initiatives. Established as the first ever National Centre for Adolescent in New Delhi, it focuses on a wide range of adolescent centric issues including Life Skill Education. UVCT has also played a distinct role in empowering girls from the marginalized sections of the society through education, provision of health facilities and vocational training. Among many other development programmes, UVCT has undertaken projects for women empowerment and awareness campaigns on public health, environmental protection and reformation/rehabilitation of delinquents.

**VISION:** UVCT’s vision is to find innovative ways to transform the ever-growing population of India or the “Burden of Population” into an “Asset of Human Resource” and thereby help in ensuring better utilization of India’s demographic dividend.

**MISSION:** UVCT has been striving to work for the development of adolescents and young adults of the nation through “empowerment” rather than “control”; it endeavours to bring back the dropouts, underachievers, and young people in conflict with law, especially those belonging to marginalized and deprived sections of the society, into the mainstream. It is our mission to help these children to become both economically productive and socially responsible citizens of the world.

## OBJECTIVES:

- ❖ **Promote Awareness about Adolescent Issues:** Develop awareness through seminars, group discussions, camps to enable young adults to find solutions to their problems- psychological, financial, ethical and social.
- ❖ **Development of a Realistic Value System Among Adolescents:** Help adolescents acquire a realistic value system that is conducive to the development of a healthy society. The concept of oneness of all religions and love for the homeland is acquired by youth by building their level of consciousness.
- ❖ **Develop Educational & Skill Training:** Develop educational and skill training programs for school dropouts and underachievers to enable them to become not only economically productive but also socially responsible citizens of India and the world.
- ❖ **Develop Vocational Skills Among the Young Adults:** Develop vocational skills among young adults and women in areas such as textiles, handicrafts, and emerging industries like computers, fashion, digital design, and e-commerce. Focus on practical training that integrates technology and innovation to meet current market demands.
- ❖ **Promote Equality of Status:** Promote equality of status and opportunity, assuring the dignity of the individual and fostering the unity and integrity of the nation. Provide services that support hygiene, health, and happiness for all citizens of India.
- ❖ **Provide Financial Literacy for Youth & Women:** Provide financial literacy and microfinance facilities to youth and women of economically weaker sections for employment and banking services.



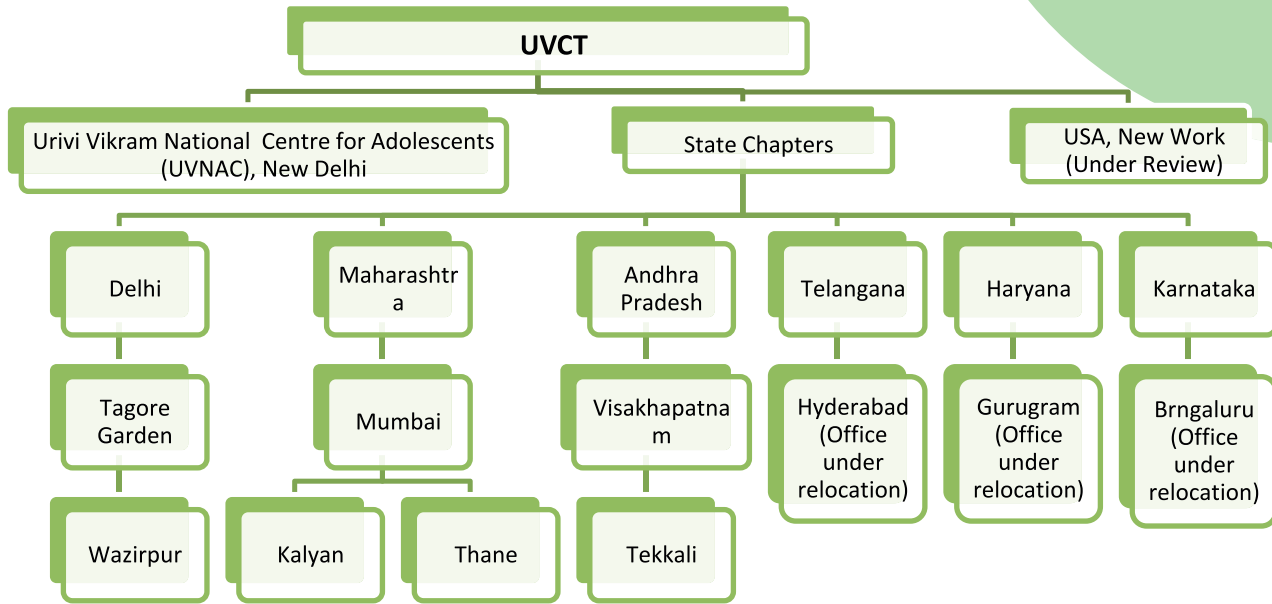
## THRUST AREAS



- ❖ **Counselling and Career Guidance Programme (Project PRERANA, since 1994):** The Trust focuses on adolescents in school to sustain their interest in education through Counselling and Career Guidance. The Trust conducted a workshop on “Student Counselling: The Need of the Day” and visited schools, especially government-run, to make the adolescent students aware of coping mechanisms and the varied career avenues. As a corollary to the outreach efforts, more than 50 Career Melas were held in Delhi and in different parts of the country. A number of workshops/ seminars were held to encourage and improve healthy interpersonal relations amongst Adolescents-Parents-Teachers.
- ❖ **Personality Development for drop-outs and push-out children (Project SHAKTI, since 1995):** In India, a large number of children who are drop-outs or are pushed-out of the school education system, require assistance and should become part of the mainstream education. For that purpose, an innovative programme “Shakti: The Personality Development” was launched in 1995. Batches of 30 to 40 drop-outs and under-achievers, were given a month’s orientation to build on their existing strengths and tone-down their weak-points. By 2022, about 100 batches of students of Shakti programme were given an orientation with remarkable results. UNFPA and UN IAWG P&D acknowledged UVCT’S Shakti Programme as a basis for their “Life Skills for promotion of Health for Out of School Adolescents” programme (July, 2003).
- ❖ **Empowering young adults through various vocational and professional courses (Project SAHARA, since 1995):** To make the young people economically productive, the Trust provides training in various vocational and professional courses. UVCT was invited for accreditation from the National Institute Open Schooling for its course in Beauty Culture, Stitching & Embroidery, Typing and Word Processing.
- ❖ **Reform and Rehabilitate Young Offenders in Tihar Prisons (Project PARIVARTAN, since 2007):** Another salient effort has been bringing the delinquent children and young offenders into the mainstream through ‘Life Skills Education’ and skill up-gradation programme. UVCT has been involved in augmenting the efforts of the juvenile justice system based on the LSE programme by transforming their personality and training them in various skills.
- ❖ **Financial Assistance to Students (Project UMMEED):** Launched in October 2007, the project provides financial assistance in the form of school/college fees, books, stationeries and other required support to those students who are academically brilliant but economically poor.
- ❖ **Programme for Teachers and Students in Schools (PATHWAYS PROGRAMME, 2022):** The programme has been re-launched in schools after COVID19 pandemic. Workshops for students, teachers and parents have been organised on different topics related to them. UVCT’s panel of renowned counsellors is involved in the programmes.



## ORGANISATIONAL PROFILE



### ADVOCACY BY UVCT: Obtained A Distinct Status for Adolescent Segment

1999 - Organized a 3 - days National Meet on “Towards a Policy for Young Adults”, based on Dr. Rao’s article in Yojana, a publication of Ministry of Information and Broadcasting, Govt. of India

2005 - UVCT organized a 3-days National Meet on ‘Adolescents: Vision 2020’, in furtherance of what Dr Abdul Kalam and other prominent leaders talked of making India a Superpower by 2020.

2007 – Established the first ever ‘National Centre for Adolescents’ in Dwarka, New Delhi. Hon’ble Dr APJ Abdul Kalam, Former President of India, Sh. Shivraj Patil, Governor of Punjab and Dr Karan Singh, a Statesman and an eminent educationist are amongst notable visitors.

2015 - National Seminar on “Demographic Dividend: Challenges of Young People in India”, organized to strengthen the policy formulations and develop working mechanisms to empower young people, and thereby, make best of our demographic dividend.

2017 - Second National Seminar on, “Mainstreaming Skills in Education” was organized in collaboration with stakeholders from Skill Development and Education sectors, in order to make education skill-based, rather than mere literacy-based.

### ORGANISATIONAL STRENGTHS

- ❖ Approved by the Ministry of Finance, GOI, u/s 80 G of income Tax Act, for availing tax exemption on contribution received by the Trust and authorized to receive foreign contribution vide FCRA Regn. No.231650755 (under review).
- ❖ Registered in the NITI Ayog’s Darpan Portal with the unique ID: DL/2009/0017783
- ❖ Registered by Ministry of Corporate Affairs, Government of India for undertaking CSR activities with the Registration number CSR00040311.



## ACTIVITIES IN PROJECT MODE (During the last ten years)

### Adolescent Development through Skill and Counselling

- ❖ **Vocational training** in various marketable skills, with linkages to livelihood has helped young adults, especially belonging to the marginalized sections of the society. Projects were undertaken in Delhi, Maharashtra and Andhra Pradesh with the support of Govt. of India; UNFPA; PSUs and Banks; National Regional Banks and Financial Institutions. More than a lakh of young people mostly women were skilled in different vocations.
- ❖ **IDBI Capital supported Comprehensive Skill Development Programme** to prepare candidates for employment with banks and non-banking financial companies in Delhi. It helped young people to reach to an economical independency by being employed, through placement. Out of 500 beneficiaries nearly 60 percent of them have also been linked with livelihood opportunities.
- ❖ IDBI Bank supported **livelihood programme for underprivileged Women and Youth** in Thane, Maharashtra. The project made difference in the lives of more than 2300 individuals in the locality. **Psycho-Social Intervention, Parents Teachers Meets, School outreach programmes** were the main components of the programme. A specialized programme 'SAIME' (Soft Skills, Awareness, IT, Management & Entrepreneurship Development) was also conducted to train Graduates and UG students with computer, Spoken English, Marketing Skills and Life Skills. The 150-hour long course was developed with the support of K.V. Pendharkar College, Dombivli.
- ❖ Adolescent Development Programmes under **NPYAD Scheme of the Ministry of Youth Affairs and Sports, Govt. of India** (since 1994 and continuing).
- ❖ **Sohan Lal Commodity Management Private Limited (SLCM)** has been a benevolent collaborator to UVCT in running its vocational skills upgradation programmes. The programs went off well, benefitting more than 20,000 young adults, young women mostly.

### Health Sector

- ❖ **Target Intervention Centres** (HIV/AIDS) for migrant workers in the industrial area of Wazirpur (continuing since 2011) under Delhi State AIDS Control Society (DSACS), GNCT of Delhi. More than 80 confirmed cases were identified and linked to ART services.

### Reformation & Rehabilitation

- ❖ UVCT's work in **reformation of juvenile delinquents** won appreciations, leading to a 3-year engagement in Reformation and Rehabilitation of Young Offenders, Jail No.5, Tihar Prisons (2017-20), partly funded by Bharat Petroleum Corporation Ltd (BPCL). The program covered almost 1000 young offenders
- ❖ Projects in Delhi to bring the delinquent children into the mainstream through '**Life Skills Education**' education and skill up gradation, with the support of the Delhi High Court (2015).

### Child Rights & Protection

- ❖ **Childline services** have been in operation at the Kalyan Railway Station (Maharashtra) in collaboration with the Childline India Foundation since December 2016, which is helping in rescuing distressed children and educating people about child rights and protection. More than 1500 children from different parts of the country, who were drawn towards Mumbai metropolis, were intercepted enroute and were mostly restored back to their parents.
- ❖ The excellent performance of UVCT' team at Kalyan Centre brought another **short-term project by UNICEF MH Childline** and a sub-centre was established at Thane Rural in 2022-23. As a major policy shift, Childline units were wound up, by entrusting the responsibility.

### Women Empowerment

- ❖ **STEP programme** for Women Empowerment in Bindapur, Delhi, under the Ministry of Women and Child, Govt of India (2016-17). A total of 240 women were trained in dress designing and making.
- ❖ **Gender Resource Centre** at Kapashera as part of the Delhi Government Initiative (2012 -2015).



## Projects in Schools

- ❖ **Project Saksham:** Under CSR initiatives of **Mahanagar Gas Limited (MGL)**, during 2017- 2020, a comprehensive educational empowerment of more than 30,000 under-privileged students in Maharashtra, initially from 10 Government and aided Schools in Kalyan area of Thane district and about 45 schools of North-east Mumbai area (Chembur, Deonar, Ghatkopar, Ashok Nagar, etc), through various outreach programmes, remedial education, counselling, career guidance, financial support for infrastructure of schools and deserving students; orientation to relevant Principals / Teachers / Parents (Project Saksham in two phases).
- ❖ Empowerment of Government school children in rural areas of Delhi and Haryana with the support of **National Children Fund** and **Jindal Foundation** grants.

**IGNOU Study Centre:** Ran for 10 years (2000-2020) in Psychology and Social Work, impacting over 10,000 students.

**Drug Abuse Prevention: Happy Project** in northern districts of Mumbai funded by Tata Trusts (DESH), during 2016-19. During three-years long project UVCT reached 110 schools, 220 teachers, and 82,500 students and oriented them with life skills and other techniques to resist the evil.



# URIVI VIKRAM NATIONAL CENTRE FOR ADOLESCENTS (UVNAC)

## National Headquarters of UVCT

### ESTABLISHMENT

**UVCT** recognized the need for a dedicated focus on adolescents (aged 10 to 19 years, as defined by WHO) in Indian planning and advocacy. In response, they established the first-ever National Centre for Adolescents (UVNAC) in September 2007, located in Dwarka, New Delhi. UVNAC aims to address the unique challenges faced by adolescents through:

- **Strategic Planning:** Developing targeted strategies to enhance adolescent health and well-being.
- **Communication:** Facilitating effective communication to ensure alignment with the needs of adolescents.
- **Support to State Teams:** Providing resources and guidance to state-level teams for the implementation of adolescent-focused programs.
- **Monitoring and Supervision:** Overseeing various initiatives conducted by UVCT and its state chapters to ensure quality and impact.

UVNAC undertakes a range of initiatives to support and empower adolescents. These include:

- Organizing educational events to raise awareness and discuss issues relevant to adolescents.
- Providing access to experienced counselors for guidance on personal, academic, and emotional challenges.





- Offering vocational training courses to equip adolescents with vocational and soft skills for future employment.
- Utilizing scientific assessment tests to help adolescents identify their strengths and interests, guiding them in their career choices.
- Organizing events like Career Melas to connect students with opportunities and resources.
- Conducting studies to better understand the needs and challenges faced by adolescents, informing program development.
- Hosting an annual festival 'Hum Kishore' for schools in Dwarka and surrounding areas to celebrate youth culture and engagement.

## MAJOR ACTIVITIES DURING THE YEAR

### Dr. Kiran Bedi's Visit to UVNAC

On May 20, 2023, Dr. Kiran Bedi visited UVNAC, engaging with school principals, teachers, and students. Over 150 students, including trainees from UVCT, participated in the interaction. Dr. Bedi emphasized the importance of treating girls as equals to boys and encouraged members of Resident Welfare Associations (RWAs) and NGOs in Dwarka to dedicate time to mentoring adolescents, leveraging the extensive resources available at UVNAC.





During her visit, Dr. Bedi shared her long-standing association with Dr. Rao, recalling how he inspired her and other officers with his integrity and dedication during their police training. She expressed her appreciation for UVNAC's efforts and extended her best wishes and support to the organization, reinforcing the importance of collaboration in empowering youth.

### Pathway Holistic Development Program

The program launched in 2022 encompasses all school-going children. It is structured into three distinct wings: **Primary** (KG to Class 5), **Middle** (Classes 6 to 8), and **Higher** (Classes 9 to 12). This initiative is designed to integrate physical, intellectual, emotional, and social dimensions, fostering well-rounded individuals equipped with essential life skills.





This program aims to ensure comprehensive support for students throughout their educational journey to support students, parents, and teachers in schools. This initiative aims to facilitate personal and academic development through workshops that address relevant topics for students, teachers and parents. In collaboration with several esteemed speakers, workshops have been conducted in various schools in Dwarka and the surrounding areas. Some of the schools covered and key topics addressed in these workshops include:

### Schools Covered

- Basava International
- Shiv Vani Model Sr. Sec. School
- Shiksha Bharati Global
- Modern Convent School
- Shokeen International



- Emerging Careers
- Career Counselling
- Nurturing Values for Teens
- Need for Discipline
- Building Healthy Interpersonal Relationships
- Coping with Adolescence
- Behaviour Management

### Themes for Students



### Themes for Teachers/ Parents

- Handling Students
- Teachers' Well Being
- Class Management
- Know your Growing Child / Students



## Skill Development Centre: UVNAC

**Computer Course:** In 2022 a Skill Development Centre had been established at UVNAC with an aim to fill the gap between the market demands and availability of services in terms of skills and services in high demand. Till date more than 100 students have successfully completed their basic and advanced computer courses from the centre.





### Introducing the 'Beauty Culture' Course: UVNAC

In 2022 a Skill Development Centre had been established at UVNAC with an aim to fill the gap between the market demands and availability of services in terms of skills and services in high demand. This year a new course of Beauty Culture had been introduced at UVNAC with different formats; Basic; Advance, Specialised, one year course with bridal makeup and Mehndi.

### Discussion Forum for Adolescents, Parents and Teachers

UVNAC has started 'Discussion Forums for the adolescents, their parents/teachers in May 2023. Some of the topics for discussion are 'The Mystery of Children's Behaviour', 'Nurturing Relationships for a Joyful Life', 'Career Quest: Unveiling Your Path and Future Aspirations', 'Discipline: Children Wonder Why only For Them?', 'Unveiling School Stressors: Explore Your Child's World', 'Are Coaching Centres Unavoidable', 'Silent Takeover of Technology over Communication' etc. The sessions moderated by experts are designed in a way to extend a platform to express their opinion/s.

### Internship Programme

UVCT has hosted many successful internship programmes for students from various universities, including those studying counseling, social work, criminal psychology, and psychology. This year students from Amity University, National Forensic Sciences University, Delhi have successfully completed their internship from UVCT. We believe that experience will contribute significantly to their growth as socially responsible and economically productive individuals.

### Summer internship under the paradigm of the CBSE SEWA Program

UVNAC and New Era Public School, Dwarka forged an alliance for a summer internship under the paradigm of the CBSE SEWA Program. This initiative served as a mandatory value addition to the existing school curriculum for students in classes IX-XII. The twenty-hour internship for a group of 16 class XI students was organized from June 3rd to June 15th, 2023 provided a platform that focused solely on enhancing skills such as planning, strategizing, brainstorming, discussing, collaborating, organizing, analyzing, facilitating, self-awareness, communication, empathy, critical thinking, creative thinking, problem-solving, and decision-making.



The interns assisted computer trainees, prepared and facilitated life skills sessions under the supervision of psychologists, conducted data entry in teams, participated in group discussions, organized movie screenings and created posters for 'World Environment Day,' among other activities. They were also assigned certain workplace responsibilities. These daily tasks fostered softer core competencies such as social responsibility and community engagement through experiential learning, a sustainable and process-driven approach to adolescent education. It was hoped that all of them would grow into stronger intellectual, personal, social, emotional, behavioral, and spiritual beings.



### Job Training Programme for Government Schools

Every year students from Government schools come to UVCT's Skill Development Centres at Tagore Garden for the 'Job Training Program'. Students learn skills as per the market requirements in different fields like Computer, Tally, Fashion Designing, Dress Designing, Stenography, Typing, Spoken English and Beauty Culture. This year UVNAC trained the first batch of job trainees from Govt. Co-ed. Sr. Sec. School, Dwarka, Sec. 23. More than 35 students attended the training during winter break and most of them were enrolled in the regular computer course after it.



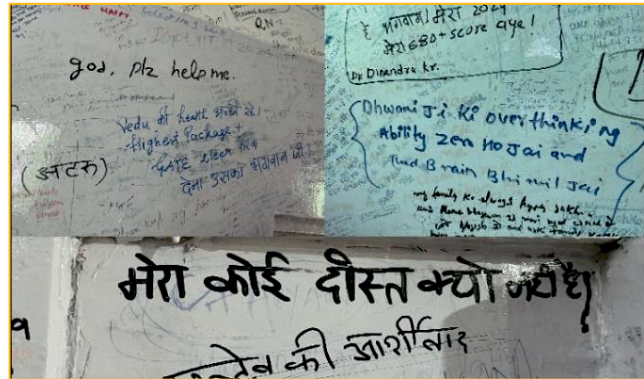
### Webinar on Psychological First Aid

A webinar on 'Psychological First Aid' was organised for students and working professionals interested in learning about this essential aspect of mental health. This webinar was designed to provide valuable insights into Psychological First Aid and how it can contribute to overall well-being.



### Unveiling the Challenges of Kota, Rajasthan

Research was conducted to investigate student mental health challenges at coaching centres in Kota. The main objectives of the study were to investigate student suicides, and the challenges faced by JEE and NEET exam aspirants. During the four days' (11th – 14th September 2023) field work primary data was collected through extensive interviews and conversations with students, locals and officials to gather valuable insights into the situation. Academic Pressure, Competition, Parental Pressure, Substance Abuse, and Strict Coaching Centre Schedules were identified as some of the contributory factors to suicides.



Radha Krishna temple in Kota, Rajasthan has a 'Wall of Beliefs'. Students write their wishes, including success in entrance exams, gaining concentration

### Other Activities

**International Yoga Day:** UVCT observed International Yoga Day 2023 with staff members and trainees at its headquarters Urvi Vikram National Centre for Adolescents (UVNAC).

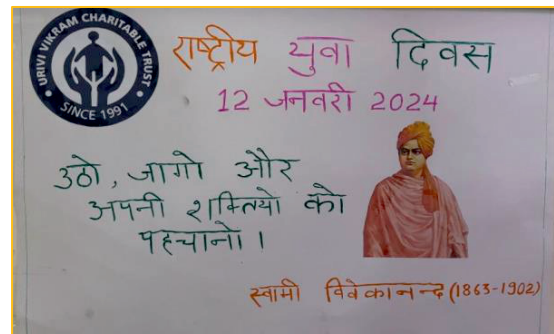




**Mental Health Day (October 10, 2023):** A drawing competition was organised by the centre on the occasion of Mental Health Day. Vocational trainees and interns participated in the competition with great enthusiasm. 'Certificate of Participation' was awarded to all participants.

**Special Sessions for Vocational Trainees:** UVNAC organized specialized lectures for vocational trainees, offering programs such as first aid health training, career guidance sessions, and personality development courses. By focusing on practical training and holistic development, UVNAC prepared individuals to thrive in their chosen careers while promoting a strong foundation in health and interpersonal skills.

**Youth Day Celebration:** National Youth Day was celebrated commemorating the birth anniversary of inspirational spiritual leader Swami Vivekananda. The theme for 2024 is



"Arise, Awake, and Realise the Power You Hold". Mrs. Rajesh Rani, Retd Principal and Mr. OP Khanduja, spoke about the teachings of Swami Vivekananda and the importance of dedication in ones' life. Vocational trainees and staff participated in games and gift exchange programme.

## Governing Body and Annual General Meetings

Meetings of the Governing Body Members were held on 23.05.2023, 29.09.2023, 23.02.2024, 03.03.2024 and the Annual General Meeting was held on 04.11.2023 under the chairmanship of Dr. UNB Rao.

### Brief overview of the key topics discussed:

- **Research on Coaching Systems in Kota:** Proposed conducting a comprehensive research study in Kota to explore the coaching system's mechanisms and their impact on students. This research could provide valuable insights for policymakers and educational stakeholders.
- **Resource Mobilization:** The meeting underscored the urgent need for enhancing resource mobilization efforts. Strategies were proposed, including forming partnerships with corporate sponsors, exploring grants from philanthropic foundations, and launching community fundraising campaigns.
- **Pending Funds from IGNOU:** There was considerable concern regarding the pending funds from IGNOU. The governing body suggested a regular follow-up be conducted to ensure clarity on the fund release.
- **Enhancing Vocational Skills:** Recognizing the importance of vocational training, members deliberated on expanding the range of vocational skills offered. The focus was on aligning training programs with market demands to better equip beneficiaries for employment.
- **End of Childline India Foundation Project at Kalyan Railway Station:** The conclusion of the Childline India Foundation project at Kalyan Railway Station raised concerns about the continuity of support for vulnerable children.
- **TI Project by DSACS:** The meeting also highlighted the TI (Targeted Intervention) project led by the Delhi State AIDS Control Society (DSACS). Members reviewed the project's impact and outcomes, discussing the importance of sustained efforts in HIV/AIDS awareness and prevention.



### Recognition as Dwarka Ratan – 2023

All Dwarka Residents Federation honored our Founder Chairman, Dr. UNB Rao, Ph.D. (IIT Delhi), IPS (Retd.) with 'Dwarka Ratan - 2023' in a function held at Ramlila Ground, Dwarka, Sector - 10 on 15.10.2023. The award is the recognition of Dr. Rao's dedication and hard work to bring in change in the society, especially among the adolescents and young adults.



### Employee of the Year (2023-24)



Shashi Chhetri is the Lead Data Analyst at UVCT, having joined in July 2021. With 18 years of overall experience, including 13 years in communication research, she focuses on program design and management, skill development, and content creation. As a skilled social media handler, Shashi enhances UVCT's visibility and engagement. Her expertise in data analysis and strategic planning drives impactful initiatives that address community needs.



## Remembering 'Vikram Ji'

"When a great man dies, for years the light he leaves behind him, lies on the paths of men."  
-Henry Wadsworth Longfellow

Vikram Ji's forward-looking thinking and spirit of social welfare has guided us to pursue a gratifying and positive mission so that we continue to work together for the betterment of all humanity. On his death anniversary on 13<sup>th</sup> December, trainees and staff of UVCT centres in Delhi went to offer prayers at the Samadhi. After this, Havan was held at the Skill Development Centre in Tagore Garden. Apart from this, tributes were also paid to Vikram ji in skill development centres located in Delhi and Visakhapatnam.



## 'SHRI AKHAND PATH'

On 53rd birthday anniversary of Late Sh. Urvivikram and in fond memory of Late Sh. Ajit Singh Cheema (Dadaji of late Vikram), the Akhand Path was held from 19th to 21st January 2024. The Arambh of Akhand Path on 19th January ended with Kirtan & Smapti and Guru ka Langar on 21st Jan at Gurudwara, Tagore Garden. Special screening of the movie "12th Fail" was hosted by UVNAC on 20th Jan to honour his influence and inspiration to our trainee students. Senior officials, staff and students enthusiastically participated in these activities. UVCT thanked everyone for joining us to give heartfelt tribute to Vikram Ji.

## Being Honest.... The Task of Stealing.....

Once Ramkrishna Paramhansa asked the disciples of his ashram to steal a little rice from their own home with a condition that nobody sees them stealing. Next day almost everyone proudly came with the stolen rice in the ashram as they had completed the task assigned to them by the Guru, but Swami Vivekananda came empty handed. On being asked the reason, he told that how much ever he tried, he always saw himself stealing the rice.

He couldn't do because however harder he tried to hide his deeds from the world, he knew himself is witnessing it. So there never exists a situation when you can hide your deeds from everyone, because you know what you are doing and it can never be hidden from yourself.





## SKILL DEVELOPMENT CENTRE

### Tagore Garden Extension, New Delhi

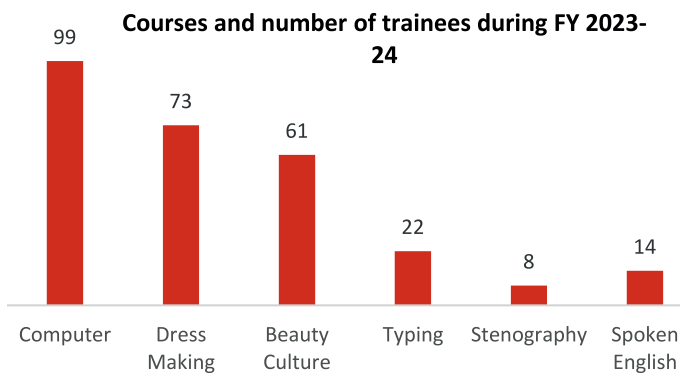
#### ABOUT THE CENTRE

The centre, located in the MCD Complex at Tagore Garden Extn. in the southwest of Delhi, borders neighbourhoods such as Raghubir Nagar, Shyam Nagar, Janta Colony, and Titarpur. The slum population primarily consists of migrants seeking employment from Uttar Pradesh, Bihar, West Bengal, Rajasthan, Madhya Pradesh, and Haryana. More than half of the population is illiterate, and their low economic status, along with their living and working conditions, hinders their ability to meet the needs of their children. As a result, many children struggle to adapt to the school environment. They require services that address their needs while providing a stimulating environment for learning basic skills.

The Skill Development Centre offers vocational training for young adults and women in various fields, including Computer Applications, Tally, Dress Designing, Cutting & Tailoring, Beauty Culture, English Shorthand and Typing, and Spoken English. Additionally, the center organizes short-term courses and workshops on topics like financial literacy, crafting, soap making, candle making, and jute work, all facilitated by experienced experts.

#### Vocational Training

The Skill Development Centre at Tagore Garden successfully trained around 300 trainees in FY 2023-24 through various regular programs, including Computer Skills, Dress Making, Beauty Culture, Stenography, Typing, Spoken English, and Life Skills. These trainings aim to enhance employability and empower individuals with essential skills for personal and professional growth. In addition to the regular programs, the Centre conducted seminars and workshops on topics like cake making, career orientation, menstrual hygiene, cyber safety, and child rights, further enriching the learning experience.





## Life Skill Education

A 15-days course on Life Skill Education (LSE) to equip participants with essential skills such as decision-making, communication, time management, and stress management, enhancing their overall personal and professional effectiveness through different models and participatory activities. By focusing on practical applications, the course empowered trainees to navigate everyday challenges and improve their employability. The course was designed:

- To acquaint individuals with ten core life skills prescribed by WHO.
- To empower adolescents and young adults through instilling self-awareness in them.
- To encourage them to accept their mistakes and take responsibility for their actions.

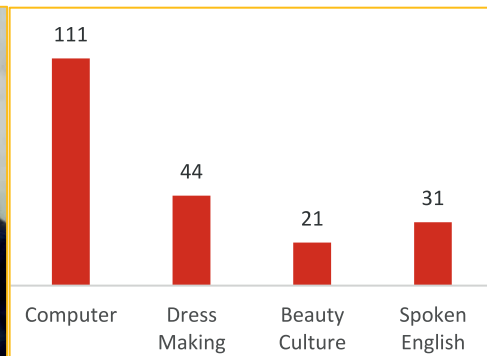


*The course made me aware about helpful ways of dealing with my real-life stressors. 'Critical thinking' is one of those life skills which is my strength. My weakness in terms of life skills is 'Coping with emotions'. ..... Dimple*

*I learnt new skills and things during the course on Life skills. My strength in terms of life skills is 'Empathy'. Whereas 'Coping with stress' can be touted as my weakness as far as life skills are concerned. ....Sahib*

## Job Training Program for Government Schools

This year students from SKV, No -3, Tilak Nagar, Govt. Girls Sr. Sec. School, No- 3, Tilak Nagar, Govt. Girls Sr. Sec. School, Kirti Nagar, SKV, No -2, Khayala, SKV, Rajouri Garden Extn., SKV, No-1, Chand Nagar, Govt., Govt. Boys Sr. Sec. School, Rajouri Garden, SBV, No-1, Madipur and Govt. Boys Sr. Sec. School, Khayala attended the training programs on Computer, Dress Designing, Stenography, Typing, and Beauty Culture.



## Certificate Distribution

Certificate Distribution program was organized on 09.08.2023. Ms. Dhanwati Chandila, MLA, Rajouri Garden Assembly and Mr. Dayanand Chandila graced the occasion as Chief Guests. Dr. UNB Rao, Chairman, UVCT, Mr.



BS Negi, General Secretary, Ms. Kavita Srikanth, Ms. Anusha and many other dignitaries of the locality contributed in making the program a success by attending the function. Mr. Chandila appreciated the work of UVCT and motivated the students by saying that anything can be achieved with hard work. Ms. Kavita remembered Shri Urvi Vikram that the institute started with the dream of his brother 'Vikram' has been supporting many Vikrams for last 30 years in achieving their goals. Mr. Sehgal, Centre incharge oriented the guests about the skill development centre. Students from Computer Course (both from Tagore Garden and UVNAC), Dress Designing and Beauty Culture received the certificate on successfully completing their respective course. Students from Life Skill Education were also awarded with certificate. Mr. VK Kaul, Ms. Shashi Chhetri, Ms. Terein, Ms. Shivani and Ms. Nikita from the UVCT headquarters were also present in the function. Trainers Mr. Verma, Ms. Gauri, Ms. Renu and Ms. Shivani were also there to encourage students.



### Collaboration with Jan Shikshan Sansthan

Jan Shikshan Sansthan (JSS), under the Ministry of Skill Development and Entrepreneurship (Government of India), is dedicated to providing vocational skills in a non-formal setting to non-literate and neo-literate individuals aged 15 to 45 years. In support of this government initiative, the Trust has collaborated with JSS for another consecutive year to conduct training in Dress Designing and Beauty Culture.





## Collaboration with CANARA BANK under their CSR Initiative

**Three-day workshop on 'Learning Cake and Chocolate making':** The Centre organized a three-day workshop on 'Learning Cake and Chocolate Making' focusing on innovative and creative skills for the baking industry sponsored by Canara Bank, Regional Office, West Delhi from 21<sup>st</sup> to 23<sup>rd</sup> Dec. 2023. Led by Ms. Alka Jain, a chef with 20 years of experience in mentoring, hosting, and judging cookery and bakery shows, the workshop provided detailed demonstrations on various techniques. Participants learned to prepare a variety of cakes and chocolates over the three days. During the valedictory function, bank officials encouraged the trainees by explaining the available policies and schemes for young women and aspiring entrepreneurs.



## Enhancing Digital Skills: Computers and Printer Received from Canara Bank: +

The centre received computers and printers from Canara Bank. This enhancement significantly improves the Centre's capacity to deliver quality training in computer skills and other digital competencies. By integrating these resources into the learning environment, the Centre aims to better equip trainees



for the demands of the modern workplace and enhance their overall employability. The centre got two computers and one inkjet colour printer under Canara Bank's CSR initiative. Divisional Managers and CSR Heads, Canara Bank, Regional Office, West Delhi handed over two computers and one colour inkjet printer to the Trust.

## Other Activities

**Career Orientation:** A career orientation session was conducted for vocational trainees at the Centre by Tereishang Khaling, Psychologist, UVNAC to help trainees explore various career options, understand their strengths and interests, and make informed decisions about their future paths. This initiative is part of our ongoing commitment to empower trainees with the knowledge and guidance needed for successful careers.

**Session on 'I got through the interview':** Mr. Abhishek delivered a session titled 'I got through the interview'. He emphasised on the types of interviews, formal and informal interview. An activity which required participants to form pairs was executed. Each partner in the pair was required to imagine his/ her partner as a candidate and frame 5 questions in view of a formal and informal interview with him/her.



**Session on Cybercrime Awareness:** Mr. Abhishek, Criminologist, conducted a session on Cybercrime Awareness. He covered key topics including the definition and types of cybercrime and common victims. The session addressed emerging threats from artificial intelligence, personal security measures, and real-life examples. Participants learned to protect themselves, identify scams, and report cybercrimes effectively.

**Session on Child Rights:** A session was conducted on 'Child Rights' in collaboration with Delhi State Legal Services Authority (DLSA). Advocate Neetu Sindhi spoke about POSCO, child marriage, domestic violence and legal aid services. Ms. Sindhi (LLB) is practicing as an advocate since 2010. After the group session, students interacted with the advocate on one-to-one basis and shared their problems and doubts.



**Interactive session in Kendriya Vidyalaya, Tagore Garden:** The beauty culture and dress designing trainers from the center visited KV No. 1 at Tagore Garden for an interactive session with the students participating in the summer job training.



**Free Health Check-up Camp:** Venkateshwar Hospital, Dwarka organized a Free Health Check-up Camp in the centre. The services provided included BP measurement, random blood sugar tests, ECG, BMD assessments, and physician consultations.

**Session on Importance of Menstrual Hygiene:** A session was conducted on Importance of Menstrual Hygiene for the female vocational trainees of the centre in collaboration with the Go Girl Foundation.



## Feedback from Trainees



I belong to Bihar, and through one of my neighbourhood friends, I learned about the centre that trains students from economically weaker sections of society. I joined the Beauty Culture course, and after completing the six-month program, I started my own beauty parlour in my village near Patna.

**Shakuntla, Beauty Culture**



I come from a poor family, and at UVCT, I learned the skills for a very nominal fee. Just after completing the course, I got a job at a parlour in my village. I really want to thank the centre and Renu Madam for supporting me in becoming self-independent

**Anupama, Beauty Culture**



मेरा नाम गुरमीत कौर है। मैं एक हाउसवाइफ हूँ। मुझे इस सेंटर के बारे में अपनी एक दोस्त से पता चला। मुझे सिलाई बिल्कुल भी नहीं आती थी। टीचर (गौरी रावत जी) ने बारीकी से मुझे हर चीज समझाई। मैंने 6 महीनों में बहुत कुछ सीख लिया। मैं सेंटर और गौरी मैडम का भी दिल से धन्यवाद करना चाहती हूँ, जिन्होंने मुझे इस काबिल बनाया कि मैं घर बैठे भी काम कर रही हूँ।

**Gurpreet Kaur, Dress Making**



मैंने इस सेंटर से ड्रेस मेकिंग का कोर्स किया है। मुझे यहां के बारे में अपनी एक आंटी से पता चला। मुझे ये सेंटर और यहां के टीचर्स बहुत अच्छे लगे, और मैंने यहां काफी कुछ सीखा। अब मैं अपने और दूसरों के लिए डिजाइनर कपड़े सिल लेती हूँ। मैं UVCT का धन्यवाद देना चाहती हूँ, मुझे इस काबिल बनाने के लिए।

**Priyanka, Dress Making**



I found out about the centre from a friend who told me that they teach computer skills very well here. I didn't know anything about computers, but the teachers here were very patient and explained everything to me. Now, after learning computers, I can apply for a job.

**Nikita, Computer**



I have completed the basic computer course from UVCT. My brother told me about the centre. The teachers here are very good, and they explain things very well. I completed my course on time, and I want to express my heartfelt thanks to UVCT for helping me become an independent person.

**Lavanya, Computer**



My brother recommended this center, saying they provide excellent computer training. The instructors are very knowledgeable and supportive. After taking the basics course, I have learned a great deal about computers. I sincerely thank UVCT for equipping me with these skills. Now, I am able to stand on my own by working and building my career.

**Rajeev, Computer**



## UVCT TARGET INTERVENTION (TI) PROGRAMME

Wazirpur Industrial Area, New Delhi

In Collaboration with Delhi State Aids Control society (DSACS)

HIV/AIDS remains a significant global health challenge, and India continues to grapple with rising cases. In response, the government has implemented various measures to reduce HIV prevalence, collaborating closely with NGOs and community organizations. Since 2011, UVCT has been actively running a Targeted Intervention Program aimed at preventing HIV/AIDS in the Wazirpur Industrial area of Northwest Delhi, under the auspices of the Delhi State AIDS Control Society (DSACS). In partnership with DSACS, we focus on high-risk populations, including migrants, men who have sex with men (MSM), female sex workers (FSWs), injecting drug users (IDUs), and truckers.

Our team engages with these high-risk groups to educate them about HIV/AIDS, sexually transmitted infections (STIs), ICTC testing, Directly Observed Treatment (DOT), and condom promotion. We conduct



interpersonal communication (IPC) sessions, organize community events, and implement demand generation activities to encourage participation in DSACS programs. Recognizing that sexual activity is a primary mode of STI and HIV transmission, we emphasize condom promotion among those involved in such activities. Additionally, we conduct Community-Based Screening (CBS) and health camps to facilitate ICTC testing for high-risk individuals, ensuring that those who test positive are linked to ART (Anti-retroviral therapy) centres for treatment.



To support people living with HIV (PLHIV), our team provides financial aid and essential resources. Our chairman also offers assistance in the form of dry rations, clothing, and medicines to those in need. Through these efforts, UVCT remains committed to making a meaningful impact in the fight against HIV/AIDS.

**Table: Activities undertaken by the TI during the FY 2023 - 24**

INDICATORS	MALE	FEMALE	TOTAL
ICTC Testing	2747	285	3032
Registration	19875	1137	21012
People Attended Health Camps	7659	521	8180
STI Cases Found in health camp	207	0	207
HIV cases found	6	1	7
Link to Art	6	1	7
Total Counselling (Group and personal)	9243	780	10023
Total Covered Population	79376	11018	90394

## MAJOR ACTIVITIES DURING THE YEAR

During the FY 2023-24 the team identified 7 HIV positive cases and could successfully linked them to ART for further treatment. The programme has the provision to provide financial support to the people living with HIV (PLHIV).



CBS Camp



Mid Media activity



Health camp



Congregational Event

HIV testing through MITWA Van



Congregational Event



## Felicitation of TI Team

Dr. Rao has started a tradition to motivate outreach workers who identify the most cases and successfully link them to ART centres. They are honoured with recognition and awarded monetary rewards, encouraging their continued dedication and excellence in this vital work.

## TI Outreach Workers (ORW) and their experiences



I was appointed as an outreach worker in the Targeted Intervention (TI) program. Initially nervous due to my unfamiliarity with TI, I received training from my Program Manager and began working with the migrant population. Although I hesitated at first, I gradually became comfortable and actively participated in CBS activities. I identified three HIV-positive migrants and successfully linked them to the ART center for their medications, and now they are consistently taking their medicines. My experience with Urivi Vikram Charitable Trust has been incredibly rewarding, and our supportive chairman has always encouraged us to make a difference in the community.  
**(Vicky Kumar, ORW)**



I joined Urivi Vikram Charitable Trust as an outreach worker four years ago. Initially, I faced challenges, especially with difficult individuals and discussing sensitive topics like HIV/AIDS. However, with the consistent support of the UVCT staff, I quickly learned to navigate these situations. Over time, I gained confidence and became proficient in my role, successfully identifying many HIV-positive migrants and linking them to ART centers, while also maintaining regular follow-ups with the PLHA population. My experience at UVCT has been excellent, and our supportive chairman continually motivates me to excel in my work.  
**(Bhaskar, ORW)**



I joined Urivi Vikram Charitable Trust as an outreach worker two years ago, marking my first job in HIV/AIDS prevention. Initially unfamiliar with the program, I received training from my Program Manager and began conducting IPC sessions with the labor class population. I successfully identified several HIV-positive migrants and linked them to ART centers, including two individuals I found myself. My experience at UVCT has been very positive, with consistent support from both our chairman and project director. The chairman is especially inspiring and always appreciates my efforts.  
**(Mohit, ORW)**



## MAHARASHTRA CHAPTER

The UVCT Maharashtra chapter has been dedicated to empowering women and adolescents across the state since 1999. With a particular emphasis on adolescent empowerment, the team has launched various programs, including livelihood generation initiatives in the Thane-Bhiwandi-Kalyan region. They consistently organize workshops and activities that engage youth, collaborating with esteemed organizations such as UNFPA, the Municipal Corporations of Thane, Ulhasnagar, Kalyan, and Bhiwandi, as well as the Central Social Welfare Board.

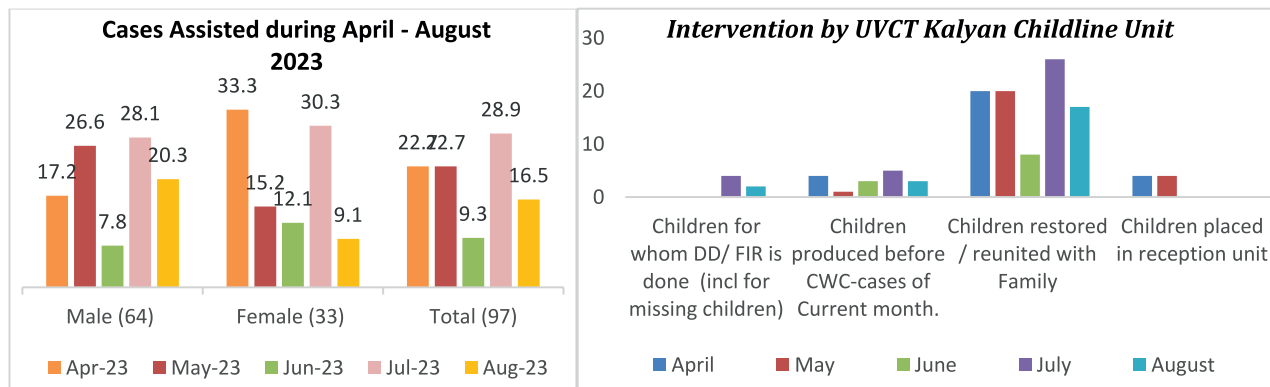
In recent years, the centre has placed a strong focus on providing remedial classes in government-aided schools, aimed at supporting underprivileged adolescents in their academic pursuits. Additionally, they offer vocational training programs tailored for young women, equipping them with essential skills for economic independence. To further enhance their efforts, the centre conducts comprehensive surveys to assess the needs of underprivileged school students, ensuring that their programs are responsive and impactful in addressing the specific challenges faced by adolescents in Maharashtra.



## UVCT's CHILDLINE CENTRE Kalyan Railway Station, Maharashtra In Collaboration with Childline India Foundation (CIF)

Childline was a national helpline in India that provided 24/7 support to children in distress. Launched in 1996, it offered emergency assistance for issues such as abuse, neglect, and trafficking through its toll-free number, 1098. The service-connected children with rescue operations, counseling, shelter, and medical care while also raising awareness about child rights and protection. Childline collaborated with various stakeholders to enhance child welfare and safety across the country.

In 2018, UVCT partnered with the Childline India Foundation to establish a centre at Kalyan Railway Station, enabling concerned individuals or children to call the 1098 helpline for care and protection. Since its inception, the UVCT Kalyan Childline team has assisted over 1,500 beneficiaries, with more than 95 percent of these cases resulting in safe reunifications with their parents or families. Recognizing the tireless and impactful efforts of the team, UNICEF Maharashtra collaborated with UVCT on a project to operate a Childline sub-centre in Thane Rural, as part of the initiative "Strengthening CHILDLINE Services and Structures in Maharashtra." In June 2023, the Indian government decided to integrate the Child Helpline with the Emergency Response Support System (ERSS-112) to ensure more effective and accountable administration of child welfare services. Until its closure on August 31, 2023, the Kalyan Childline team assisted nearly 100 cases since April 1, 2023, further underscoring its crucial role in safeguarding children's rights and well-being within the community.



### MAJOR ACTIVITIES DURING THE YEAR

During the period from April 2023 to August 2023, the UVCT Kalyan Childline team engaged in several impactful activities aimed at raising awareness and providing support for child welfare. Here's a detailed overview of their major activities:

**Awareness Campaigns:** The team conducted extensive awareness sessions at the railway station, engaging with various stakeholders including:

- **Vendors, Coolies, and Auto Unions**
- **Ticket Counter Staff, Government Railway Police (GRP), Railway Protection Force (RPF)**
- **Maharashtra Security Force (MSF) Staff and Cleaners**

**Sensitization Programs:** Sensitization programs were organized for key station personnel, including GRP, RPF, and Station Master to enhance their understanding of child rights and the procedures to follow when encountering children in distress.



**CHG Meeting:** Child Help Group (CHG) meetings focused on strategizing collaborative efforts for child welfare were conducted, involving stakeholders. The meeting included representatives from the Social Development (SD) sector, Child Care Institutions (CCI), Station Master (SM), GRP, and RPF.

**Women's Day Celebration:** The team celebrated Women's Day at the station, organizing events that promoted Gender Awareness. Activities included discussions on women's rights and the importance of safeguarding children, particularly young girls.

**Anti-Child Labour Day Activities:** On June 12, 2023, the team marked Anti-Child Labour Day. A campaign was held on platform number 1 near the Childline desk, encouraging passengers to sign a petition against child labour and raise awareness of the issue.

**Awareness Posters:** Designed and distributed informational posters throughout the station. These posters provided key information about Childline services, emphasizing the importance of reporting child abuse and exploitation.

**Training for New MSF Staff:** Conducted a special session for newly inducted MSF staff covering the Childline emergency number and detailed procedures for handling situations involving distressed children.

**Independence Day Celebration:** Team celebrated Independence Day at the station highlighting the importance of freedom and protection for all children, reinforcing the message of child rights and welfare

**Weekly Meeting:** The team held a series of weekly meetings fostering communication and collaboration among members. These meetings served as a platform for addressing challenges, strategizing responses, and enhancing the team's collective knowledge and effectiveness in supporting children in need.

**Outreach Programmes:** The team successfully conducted 13 outreach programs across 8 different platforms at Kalyan Railway Station. Here's a detailed overview of the methods used for awareness:

- Pamphlets were distributed to inform about Childline's services, highlighting the importance of recognizing and reporting child distress.
- Team members spoke directly to key stakeholders, including coolies and vendors, to educate them on identifying and responding to signs of child distress.
- Engaged with travellers, offering information about Childline services and how to access them.
- The team conducted searches for isolated parts of the station where children might hide or be vulnerable.
- Various awareness activities were organized during special days to promote child rights and welfare.
- Trolleys were used creatively as mobile advertisements for Childline, displaying information and contact details prominently.
- Information was shared with passengers using the trolleys as a point of contact, making it easier for travellers to learn about child protection resources.



## INNOVATION BY THE TEAM

- Many children live with their families in huts, as their parents work as railway contract workers. These families are often immigrants. Due to the constant movement of these families, children's education is significantly affected. CHILDLINE encourages people to call 1098 for assistance with educational challenges and any issues they may face.
- Hygiene is a significant concern for these children, as they live in huts with their families, often lacking proper sanitation and clean-living conditions.



## SOME RESCUING CASE STUDIES:

### **1) Age: 17 years; ; Address: Nashik: Child left home without informing her parents.**

The child travelled from Nashik to Kalyan and was found by RPF officer on platforms 4/5. She was brought to the Childline desk, where the team provided comfort and support. During the intervention, she revealed that she had come for a job in Mumbai. The team informed her parents and discovered that an FIR already filed in Nashik. Childline notified the Child Welfare Committee (CWC) about the situation. Ultimately, she was reunited with her parents through RPF.

### **2) Age: 14 years; Address: Prayagraj: Children left home without informing parents.**

Two sisters were found on platforms 4/5 by RPF officer. They were taken to the RPF office and then brought to the Childline desk. Upon intervention, the children stated they had come to see the station. Initially hesitant to provide their parents' contact information, they eventually revealed that an FIR had been filed in Prayagraj. The parents were contacted and arrived at the station, where the children were handed over to them via GRP.

### **3) Age: 4 years; Address: Pune. Child became separated from his father at the station.**

The boy was found on platform 1 by the canteen staff, who brought him to the Childline desk. During the intervention, he mentioned that he had lost his parents. The Childline team searched the station premises and reviewed CCTV footage but could not locate his father. Lacking additional information from missing person groups, the GRP was informed. They later contacted the mother in Pune, who worked as a rag picker. His parents were called to the station, and he was safely reunited with them through the GRP and local Pune police.



## ANDHRA PRADESH CHAPTER

### SKILL DEVELOPMENT CENTRE

### Visakhapatnam, Andhra Pradesh

The Skill Development Centre located in the Municipal Community Complex in Arilova, Visakhapatnam is actively engaged in a wide range of initiatives aimed at empowering the local community, particularly youth and women. The centre's regular activities include:



- **Vocational Courses:** Providing practical training to enhance employability and skills
- **Life Skills Education:** Equipping individuals with essential skills for personal and professional success.
- **Counselling Services:** Offering individual, group, counselling to address diverse needs and challenges.
- **Career Guidance:** Helping individuals make informed decisions about their career paths.
- **Youth Employability Programs:** Focusing on enhancing job readiness and marketable skills.
- **Awareness Programs:** Conducting sessions to educate the community on important social issues.

In addition to these core activities, the Visakhapatnam centre organizes various special initiatives, including Parent Meets, Training of Trainers, workshops for Unemployed Youth, Career Melas, Marital and Legal Aid Counselling, Remedial Classes for Struggling Students, Various Awareness Programs, etc.



## MAJOR ACTIVITIES

**Training and Certification:** The centre organized training programs in electrical skills, tailoring, and embroidery, aimed at empowering participants with valuable vocational skills. Following the completion of these training sessions, certificates were distributed to the participants, recognizing their achievements and skills acquired.

**Visits by Experts:** Expert visits are crucial for providing valuable insights and motivation to trainees, enhancing their learning experience. They also help to build connections between the centre and industry, ensuring that training aligns with current market needs.



- Encouragement is essential in every field, and our Founder Chairman, Dr. UNB Rao (Ph.D., IIT Delhi), a retired IPS officer, actively engages with our trainees to inspire them. On January 8, 2024, Dr. Rao visited the centre.
- Sh. China Verraiyya Garu visited to engage with participants, providing guidance and support during the training programs.
- Training sessions included practical demonstrations on cutting techniques essential for tailoring, enhancing participants' skills.
- A training was conducted including explanations on the use of notebooks for practical sessions, ensuring that participants understood how to document their learning effectively.

**Collaboration with Jan Shikshan Sansthan:** In addition to the regular programs, the centre now offers programs in collaboration with JSS, specifically designed for less educated and adolescent women from minority groups. This year the three-months programmes on tailoring and embroidery were conducted. Training material was also distributed ensuring that all participants had the necessary tools to practice their skills.



**Distribution of Clothes from KEN Organization:** Clothes donated by the KEN organization were distributed, providing additional resources for the training participants.



**Human Resource Development (HRD) Review Meeting:** A review meeting was conducted to assess the progress of various initiatives, ensuring that the training programs met their objectives and participants received adequate support.

**Awareness Session for Women Trainees:** Action Aid, along with Mahila Action Vari staff, held discussions with women and children. They organized a program to raise awareness about the current issues faced by women, particularly regarding violence against girls.

**Training Program on Sexual Harassment:** Trainees attended an awareness session on sexual harassment at work place, conducted by Mahila Action Organization. Program aimed to educate about the issues of sexual harassment, highlighting the importance of a safe work environment.



**Teacher's Day Celebration:** Celebrated Teacher's Day to honour educators and their contributions to the community. Activities included recognition of teachers and discussions on the importance of education.



## PRAGATI PATHAM: A RESOURCE CENTRE Tekkali, Andhra Pradesh

Pragati Patham, established by UVCT, has become a vital support system for job seekers in the Tekkali area, which faces socio-economic challenges. The centre offers a diverse collection of books on various subjects, catering to both students and job seekers. In the fiscal year 2023-24, over 1300 readers utilized the resources available at the centre, demonstrating its significant impact on the community.



### Feedback from Readers



UVCT 'Pragati Patham' at Tekkali is an incredible place to access books and information. As a bookworm, I love the vast selection of books available, and I always find something that enhances my knowledge. The variety is so wide-ranging that I often discover exactly what I'm looking for. Most importantly, this library serves as a great platform for making progress,



which greatly benefits our learning capabilities and overall development. Thank you for this invaluable resource.

**Lakkoju Saikaruna**



Library is the most beautiful part in my life which is the best place to study peacefully, and which is the right place to you can compete yourself

K. Pavan Kumar



The library is a place of worship for those who value quality time with books—a temple for book lovers. Since my graduation, I’ve visited many libraries, but this one became my favorite when I started my job as a welfare and education assistant at the Polavaram Secretariat. I found it through Google Maps, and the flexible hours are very reader-friendly. I wholeheartedly thank the founder and the library staff. The collection ranges from children's comics to competitive exam resources. The added value to the library is the Hindu newspaper which we regularly follow for editorials of it.

**D Dantheshwar Rao**



### Obituary for Sh. Bhupender Singh Lathwal (30.09.1984 – 12.06.2023)



As we reflect on the past year, we take a moment to remember Sh. Bhupender Singh Lathwal, who was an integral part of UVCT family for many years. We extend our heartfelt condolences to his family and friends. Thank you, Sh. Bhupender, for everything you contributed to our team. You will always hold a special place in our hearts.

### Celebrations at Centre





## LEADING THE WAY (OUR TEAM)

Our dedicated executive team and volunteers work tirelessly, and without their steadfast support and passion, UVCT's mission would not be achievable. We are equally grateful to our Board of Directors, Governing Body members, and Advisory Body for their invaluable guidance in governance, fundraising, and the overall mission of UVCT. We extend our heartfelt thanks and recognition to all for their hard work and commitment.

## ADVISORY BODY

Name	Occupation/Designation
<b>Dr. (Ms.) Daya Pant</b>	Head, Counselling and Career Guidance Department, NCERT
<b>Dr. Achal Bhagat</b>	Professional Counsellor & Trainer
<b>Dr. A K Gopal</b>	Former Director, NIPCCD
<b>Prof. (Ms.) Anjali Gandhi</b>	Social Work Expert
<b>Prof. (Ms.) Aruna Broota</b>	Eminent Student Psychologist and Counsellor
<b>Dr. Devendra Agochia</b>	Youth and Life Skills Expert
<b>Prof. Jitendra Nagpal</b>	Psychiatrist and President of 'Expressions' as in-school Life Skills Programmer
<b>Prof Girish Choudhary</b>	Ph. D., Advisor (Education), UVCT, Former HOD, Lady Irwin College
<b>Dr. (Ms.) Mridula Seth</b>	Former Professor, Lady Irwin College and UNFPA Life Skills Expert
<b>Prof Gita Bamezai</b>	Former Professor and HOD, Department of Communication Research, Indian Institute of Mass Communication
<b>Prof. Nimesh G Desai</b>	Eminent Psychiatrist & Head of Institute of Behavioural Sciences, Dilshad Garden

## GOVERNING BODY AND ANNUAL GENERAL MEETINGS

Name	Role	Occupation/Designation
<b>Dr. UNB Rao</b>	Founder Chairman	Retd. Indian Police Service Officer and Ph.D (IIT, Delhi), in adolescents attitudes
<b>Ms. U Chaya</b>	Vice-Chairperson	Founder Trustee, Social Worker and Roof Garden Expert
<b>Mr. Kapil Chopra</b>	Vice-Chairperson	Eminent Industrialist (Bentex Electricals) and philanthropist
<b>Mr. Sunil Sarin, FCA</b>	Vice-Chairperson	Sr. Practicing Chartered Accountant
<b>Mr. Anil Girotra</b>	General Secretary	Retd. Executive Dir. erstwhile, Andhra Bank, (presently UBI)
<b>Mr. BS Negi</b>	Treasurer	Retd. Deputy General Manager, IFCI
<b>Ms. Vishala Jayadev</b>	Member	French Lecturer and Secretary, Maharashtra Chapter
<b>Dr. G. Dhananjaya</b>	Member	Retd. Chief Medical Officer, DESU, & Medical Consultant
<b>Commander N.L. Joshi</b>	Member	Retd. Navy Commander and Administrator
<b>Sh. Rajender Singh Udar</b>	Member	Retired Delhi Government employee and social worker
<b>Sh. Parveen Sarin</b>	Member	Chartered Accountant
<b>Smt Chetana Anchan</b>	Member	Graphic Designer and Life Stylist
<b>Sh. Rohtas Singh Tomar</b>	Member	Retd. Delhi Police Officer and Legal Expert

UVNAC, Dwarka, New Delhi: Mr. Sandeep Trivedi, Ms. Shashi Chhetri, Mr. VK Kaul, Ms. Tereishang Khaling, Smt. Shivani Soni, Mr. Abhishek, Ms. Nikita Jha

Skill Development Centre, Tagore Garden, New Delhi: Mr. Sehgal, Smt. Gauri Rawat, Smt. Renu, Mr. Gorav Target Intervention, Wazirpur, New Delhi: Ms. Shivani Soni, Mr. Dinesh Kumar, Mr. Jai Prakash, Mr. Vishnu, Mr. Mohit, Smt. Rekha, Smt. Manita, Smt. Sushila, Mr. Bhaskar, Mr. Vicky

Mumbai, Maharashtra: Dr. Girish Kumar, Dr. Suvrata Gharge, Smt. Smita Chitre

Skill Development Centre, Visakhapatnam: Smt. Savithri Guntuboina

Pragati Patham, Tekkali, AP: Ms. Nishako Preeti



## SEEKING SUPPORT

As we reflect on the past year, we celebrate the significant strides we've made in empowering adolescents within our community. Yet, the journey is far from complete. To continue our essential work and address the evolving needs of these young individuals, we need your support now more than ever.

Your generous contributions are vital in providing the resources, mentorship, and opportunities that can transform lives. Together, we can foster resilience, inspire dreams, and cultivate the next generation of leaders. We invite you to join us in this noble cause. With your help, we can ensure a brighter future for our community.

Thank you for your support!



We gratefully acknowledge the financial, material, moral and technical support of UVCT's Corporate Associates in establishing the first- ever National Centre for Adolescents (UVNAC) in India. We look forward for their continuous support to make the centre more vibrant and active.



## Prominent Donors of the FY 2022-23

Dr. U.N.B Rao  
UVNAC Building Psp-1, Haf-1, Sector 22  
Dwarka New Delhi-110077

Smt. Urivi Chaya  
UVNAC Building Psp-1, Haf-1, Sector 22  
Dwarka New Delhi-110077

Bentex Control & Switch Gear Co.  
B-63-65/3, Naraina Industrial Area Phase I, New  
Delhi-110028

Vijay Kumar Kaul  
Flat No 622, Sector 13b, Dwarka, New Delhi-110078

Jay Kumar  
Sangam Sadan, Flat No 102, H.  
No 14-31-8/2, K.L Rao, BC Road  
Opposite Saibaba Temple  
Vishakapatnam, Andhra Pradesh-530026





## WAY FORWARD

The action plan for the upcoming year will enhance our existing programs and introduce new initiatives aimed at creating a safer, more secure, and equitable future for adolescents, young adults, and women.

### **Educational Events and Activities for Adolescents and Young Adults**

- **Capacity Building:** We will prioritize the physical, social, emotional, and intellectual well-being of adolescents, youth, and women through targeted capacity-building initiatives, including counseling sessions and career guidance workshops.
- **Reviving the Adolescents Column in Local and National Newspapers:** We plan to reinstate the Adolescents column in local and national newspapers to address the questions and concerns related to young people. This column will provide thoughtful answers to issues ranging from mental health and relationships to education and career choices.
- **Certificate Program Modules:** We will revise our certificate program modules to ensure they align with current academic requirements and industry standards. By adapting the content to reflect contemporary issues and trends, we aim to better equip adolescents and young adults with the skills and knowledge they need to succeed in today's dynamic environment.

### **Empowering Adolescents, Young Adults, and Women**

- **Skill Development Centers:** We aim to enhance our Skill Development Centers by introducing advanced professional courses that incorporate the latest technologies.
- **Livelihood Support:** We will connect trainees with livelihood opportunities through comprehensive counseling and career guidance.
- **Self-Help Groups (SHGs):** We will facilitate the formation of Self-Help Groups to encourage community support and empowerment.
- **Volunteer Pool:** We will build a strong pool of volunteers to support both our current and future projects and initiatives.

**Online Counseling Hub:** The Trust is dedicated to impactful work in the health sector, particularly focusing on mental health for adolescents and young adults. We plan to launch an online counseling hub to provide accessible support, while also promoting health education and awareness campaigns for both school-going and out-of-school youth.

**Reformation and Rehabilitation Program for Young Offenders:** Building on our prior experience in this area, UVCT will seek to restart our Reformation and Rehabilitation program in prisons and reform centers across India. We previously conducted the Tihar Jail Project independently from 2017 to 2019 and with funding from Bharat Petroleum Corporation Limited (BPCL) in 2019-2020. This project made a significant impact on the lives of 1,200 young offenders.

**Media Management:** Implement a strategic media management plan to amplify our success stories and lessons learned across all social media platforms. Engage our audience with regular updates and interactive content to foster community involvement and awareness.

**Collaboration with Corporate Associates and PSUs:** We aim to expand our interactions with Public Sector Undertakings (PSUs) to garner support for our initiatives. As the first-ever National Center for Adolescents in Delhi, UVNAC will kickstart skill-upgradation activities for children, adolescents, and women to promote self-dependence.



**Research:** We will strengthen our research cell to focus on areas requiring additional support, as well as evaluate our previous programs for continuous improvement.

**Hum Kishore Festival:** Over the years, UVCT has organized the Hum Kishore Festival in collaboration with various sponsors, featuring competitions in dance, cultural performances, singing, musical instruments, art and craft, rangoli, and mehndi. This year, we are committed to providing a platform once again for teenagers to showcase their talents and creativity.



## Addresses of Centres & Contact Persons

### Delhi

**National Headquarters:** UVNAC Building, PSP - I, HAF - I, Sector- 22 (Near Sai Baba Mandir), Dwarka, New Delhi-110077. Contact Persons: Mr. Sandeep Trivedi, Joint Director (Admin and Programs)), Ms. Shashi Chhetri, Lead Data Analyst; Email ID: uvnacindia@gmail.com

**Skill Development Centre, Tagore Garden:** MCD Shopping Complex, 1<sup>st</sup> Floor, Tagore Garden Ext, New Delhi – 110027. Contact Persons: Mr. Sehgal, Centre In charge; Email ID: tg.uvct@gmail.com

**DSACS Target Intervention Centre, Wazirpur:** Balwadi Centre, Azad Colony, Wazirpur, Industrial Area, New Delhi- 110052. Contact Person: Mr. Dinesh, Email ID: uvct\_ti@yahoo.com,

### Maharashtra

**Mumbai (Maharashtra):** A-20, Shiv Shakti, Green Acres, Deonar Depot, Deonar, Mumbai- 400088. Contact Person: Dr. Girish Kumar, Vice Chairman, Email ID: girishkuv1271@gmail.com

### Andhra Pradesh

**Skill Development Centre, Visakhapatnam:** Municipal Community Complex, Sec-3. Arilova Colony, Visakhapatnam – 530043. Contact Person.: Ms. Savithri G., Email ID: savithriguntuboina@gmail.com

**Pragati Patham:** Pragati Patham is in Tekkali. Court Street, Tekkali– 533001. Contact Person: Ms. Nishakupreeti; Email ID: preethinisanko@gmail.com

**Karnataka:** 1121, 8<sup>th</sup> main KEB, Layout, Bangalore – 585292, Contact Person: Ms. Vasanthi Muruges, Email ID: vasanthimuruges@rediffmail.com

**Telangana:** Hyderabad (Office under relocation)

**Haryana:** Gurugram (Office under relocation)





## AUDIT REPORT FOR THE FINANCIAL YEAR 2023-24

Audit report under section 12A (b) of the Income-tax Act, 1961, in the case of charitable Or religious trusts or institutions We have examined the balance sheet of URIVI VIKRAM CHARITABLE TRUST (REGD.) (PAN No: AAATU0058J) [name of the trust or institution] as at 31/03/2024 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above-named trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above-named trust as at 31/03/2024 and
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2024

The prescribed particulars are annexed hereto.

Date: 23/09/2024

Place: New Delhi

FOR Sachin S. Jain & Associates  
(Chartered Accountants)  
FRN No. :018543N

Sachin Jain  
(PARTNER)  
M No.: 098426



## BALANCE SHEET AS ON 31ST MARCH 2024

(Amount Rs.)

<b>CORPUSFUNDANDLIABILITES</b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
Corpus Fund	1	2,45,31,010	2,26,20,995
Unsecured Loans/Deposits	2	5,57,041	4,90,241
Current Liabilities and Provision	3	10,39,315	24,52,443
<b>TOTAL</b>		<b>2,61,27,367</b>	<b>2,55,63,680</b>
<b>ASSETS</b>			
Fixed Assets	4	69,29,780	74,49,696
Current Assets, Loans and Advances	5	1,91,97,586	1,81,13,984
<b>TOTAL</b>		<b>2,61,27,367</b>	<b>2,55,63,680</b>
<b>Income and Expenditure Accounts for the Year Ended 31<sup>st</sup> March 2024</b>			
<b>INCOME</b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
Donation, Grants & Subsidy	6	39,11,562	40,82,843
Fees/Subscriptions	7	5,30,320	3,71,525
Rental Income	8	41,10,482	37,61,644
Other Incomes	9	18,21,712	8,48,657
<b>Total(A)</b>		<b>1,03,74,076</b>	<b>90,64,669</b>
<b>EXPENDITURE</b>	<b>Schedule</b>	<b>Current Year</b>	<b>Previous Year</b>
Projects, Seminars, Vocational Training & Honorarium	10	62,62,780	69,37,517
Personal Administration & Other Expenses	11	15,89,885	18,13,046
Depreciation	4	6,11,395	6,69,749
<b>Total(B)</b>		<b>84,64,061</b>	<b>94,20,312</b>
<b>BALANCEBEINGSURLUS/(DEFICIT)TOCORPUS\CAPITALFUND</b>		<b>19,10,015</b>	<b>(3,55,643)</b>
Notes on Accounts As per books of accounts produced before us For Sachin S. Jain & Associates Chartered Accountants	12		

**Sachin Jain**  
Partner  
M. No.: 098426  
Place: New Delhi

**Dr. U. N. B. Rao**  
Chairman

**B.S. Negi**  
Treasurer

With Best Compliments From

खरीदने से पहले अवश्य देखिये



KAPIL

HOLOGRAM और STICKER को ध्यान से देखकर ही खरीयें

KAPIL

BENTEX SKN

KAPIL CHOPRA ENTERPRISE

पचास साल से आपकी दमदार पसन्द



KAPIL CHOPRA Chairman & MD

SKN-BENTEX GROUP

MUST SEE BEFORE PURCHASE

असली SKN-BENTEX की पहचान



BSOI



BADC



BUSA & BUFA

कपिल दा जवाब नहीं

MONO BLOCK PUMP



MAIN SWITCHES

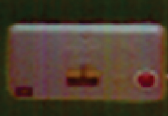


MCCB

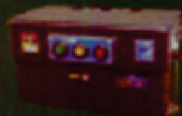
BSDL



DYNAMIC



SOM



BCSA



RCCB / ELCB



CHANGE OVER SWITCH (25 A)



ENERGY EFFICIENT BLDC REMOTE CONTROL FAN



WINDSOME



ENERGY EFFICIENT BLDC 33W FAN



ROYAL TOUCH



SOLAR 12V BLDC CEILING FAN



PRIMA



ERA

MOTOR STARTER | SWITCHGEAR  
PUMPS | CEILING FAN | KWH METER | MCB | ELCB



**BENTEX CONTROL & SWITCHGEAR CO.**

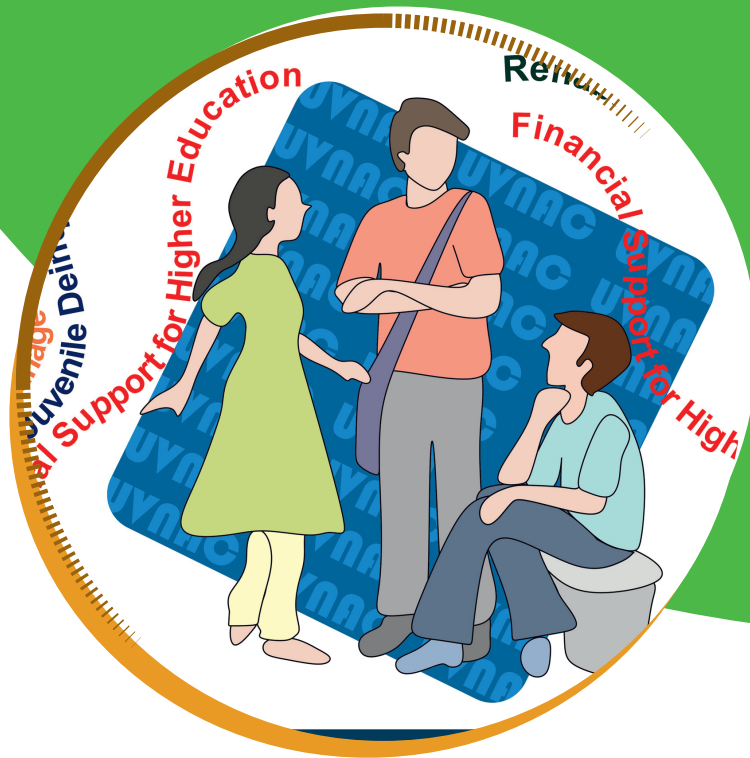
B-63-65/3, Naraina Industrial Area, Phase-II, New Delhi - 110028.  
E-mail : bentex3@rediffmail.com, Website : www.sknbentex.co.in  
Consumer Help Line No. : 011-45698100 (30 LINES), 011-43138100



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**Dr. U N B Rao, Ph.D (IIT Delhi), Indian Police Service (Retd.)  
Founder Chairman, UVCT**

Dr. UNB Rao is a distinguished IPS Officer who obtained his doctorate from the IIT (Delhi) on the subject of 'Student Psychology'. He performed his police service commendably, with utmost integrity, winning public trust and appreciation. He received the 'Police Medal for Meritorious Services' and ultimately, the most prestigious 'President's Police Medal for Distinguished Services'. IIT Delhi Alumni Association honoured Dr. Rao for his 'Outstanding Contribution to the National Development'. He was also conferred with the prestigious "Mahatma Award for Lifetime Achievement, 2022", in appreciation of his impactful work with 'Adolescents and Young lives'. He co-authored the book, 'Adolescent concerns through their own Eyes'. Recently his book on 'Bettering Police-Public Relations: A Proactive Approach has been published'.



**URVI VIKRAM CHARITABLE TRUST (UVCT)**

(A National level non-government and non-profit organisation)

**Headquarters: Urvi Vikram National Centre for Adolescents (UVNAC)**

**PSP - I, HAF - I, Sector - 22, (Near Sai Baba Mandir), Dwarka, New Delhi - 110077**

**Website: [www.uvct.in](http://www.uvct.in); Email ID: [info@uvct.in](mailto:info@uvct.in)**